

# Join the Club

**Be a player.** Join the RISING STARS youth basketball club at the South End Community Centre. New and experienced players welcome.

Basketball is the second most popular sport on earth. With training, practice and commitment, almost anyone can develop skills to play.

We need players who want to:

- make a commitment
- work hard
- have fun
- build skills
- play as a team

## The Coaches

Chris and Lynda Smith are NCCP and FIBA licensed coaches with many years experience coaching boys and girls at all levels, including minor basketball, middle school, high school, camps, and clinics.



# Supersessions

Twice weekly practices, supersessions are hard work and include conditioning, dribbling, shooting, passing, defense, and team concepts.

Supersessions are the most important part of the program. Players must attend regularly to be on a team or play in games.

## Mondays & Fridays

**Grades 4 to 6: 6:00 to 7:15 p.m.**

**Grades 6 to 8: 7:30 - 9:00 p.m.**

## Teams

We don't play every week, but as our skills develop we play more. Earn your playing time at practice.

We look for games that are appropriate for our players' ages and abilities, such as:

- scrimmages
- games with local teams
- away games
- tournaments
- special events

Composition of teams varies, based on the event, attendance, and skill.



# Come and Play

All skill levels  
Boys and girls  
Grades 4-6 and 6-8  
Regardless of school attended

(Limit of 24 players per division. First come first served. If needed a wait list will be established.)

## What You Need

Shorts  
Indoor shoes (preferably basketball shoes)

## What You Get

In this program, players earn everything through regular attendance, work ethic, and respect for others. Over the course of the season, players will receive: skills, shorts, practice uniforms, balls, team gear.

## Cost

\$0 - Earn your playing time at practice.

## How to Register

Complete the application form to be signed by a parent or guardian. Hand in the form at the South End Community Centre or bring it with you to a supersession.

Sponsored by



[www.starsbasketball.ca](http://www.starsbasketball.ca)

<https://www.facebook.com/RisingStarsYouthBasketball>

[info@starsbasketball.ca](mailto:info@starsbasketball.ca)

# Rising Stars

## BASKETBALL

*Mon, Sept 26—Fri, Mar 24*

for Boys and Girls

Grades 4 to 6: Mon & Fri, 6:00—7:15 p.m.

Grades 6 to 8: Mon & Fri, 7:30—9:00 p.m.



*South End Community Centre  
210 Wentworth Street  
a boys and girls club of Saint John program*

### Saint John Rising Stars Basketball Club Application Form

Player name: \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_  
First Last mm dd yy

Street: \_\_\_\_\_ Apt. \_\_\_\_\_

City: \_\_\_\_\_ Postal code: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Email: \_\_\_\_\_

Gender: M /F Jersey size: Youth Small \_\_\_ Med \_\_\_ Large \_\_\_  
Adult Small \_\_\_ Med \_\_\_ Large \_\_\_ XL \_\_\_ Shoe size: \_\_\_\_\_

Medical / other conditions we should know about \_\_\_\_\_

Emergency contact name: \_\_\_\_\_ Relationship \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Email: \_\_\_\_\_

**Media:** Kids love pictures of themselves. May we take photo and video for print materials, player dvds, online posts and video highlights? (If specific concerns or restrictions, let us know.) Yes \_\_\_ No \_\_\_

#### **Waiver of Liability**

Although the safety of all sport activities is the primary concern of organizers, coaches, players, and officials, I recognize that participation in basketball has inherent risks that can result in injury or death. I expressly assume the risks and waive the right to pursue any claim against the basketball club, partner organizations, or those in charge.

Parent / guardian (print) \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_